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## Mental Health Month Activities

Submitted by Karen Cervantes

May Mental Health Awareness month in the County of San Bernardino was a tremendous success this year! This campaign was held in the month of May and this year's theme was 'Mind Your Health.' This campaign is a call to raise awareness about mental illness and the importance of mental wellness for all. To support the 'Mind Your Health' campaign, the department encouraged staff, contract providers and county residents to learn, promote and apply the concept that mental wellness is central to overall health and well-being.

Activities implemented this year to promote wellness and recovery for community members, department and contract staff included: Consumer Art Exhibit, Community Partner Meet and Greet, "A New State of Mind" Documentary Screening, DBH Expo, and the Ninth Annual Recognition and Education Banquet (Evening with the Stars).

May Mental Health Awareness month is a special time dedicated to promoting mental health awareness. We hope that you will join us throughout the year with our continued efforts of promoting recovery, creating awareness and reducing stigma related to mental health and substance abuse disorders. For more information regarding the activities for Mental Health Awareness month, please contact Karen Cervantes at [Karen.Cervantes@dbh.sbcounty.gov](mailto:Karen.Cervantes@dbh.sbcounty.gov)



CaSonya Thomas, DBH Director (Left);  
Josie Gonzales, Fifth District Supervisor (Right)



Lauretta Ross (Left) and Doris Turner (Right), both  
from the Office of Consumer & Family Affairs at the  
2014 DBH Expo

## MENTAL HEALTH *friendly* COMMUNITIES

## Addressing the Spiritual and Cultural Needs of African Americans

**Mental Health Friendly Communities (MHFC)** is a training program under the California Mental Health Services Authority (CalMHSA) Statewide Spirituality Initiative. The training program is designed to address the spiritual and cultural needs of African Americans in a behavioral health care setting. On June 14, 2014, The Mental Health Friendly Communities Kick-off Event was hosted at the Ingram Community Center, in San Bernardino. Attendees of this event included faith based leaders, community members, DBH staff and the MHFC Training Team. The training team consists of Minister Monique Tarver, Pastor Horacio Jones and Gigi Crowder. By harnessing the power of the faith based community, MHFC delivers messages of support, education, and hope in relation to mental health and removes the stigmatizing attitudes that prevent so many people from seeking the help they need.



DBH Director, CaSonya Thomas,  
addressing the audience at  
the MHFC Kick-off event on June 14.

Components of the training program include (i) **Mental Health 101**: Training geared towards broadening the expertise of faith leaders, pastors, and health ministry members, by creating welcoming communities for individuals and families living with mental health challenges. (ii) **A Bridge over Troubled Waters**: Training aimed at bridging the gap between westernized focused treatment and a spiritual approach needed to support African American community members on their journey to mental wellness. (iii) **Keepers of the Flock**: Workshop designed to help stakeholders learn through the use of the parable “Lost Sheep” in caring for, showing compassion, acceptance, and commitment to those with mental health challenges. (iv) **Spirituality 101**: This training was held on August 19, and was presented by the CalMHSA MHFC Training team in collaboration with Dr. Joshua Morgan, Chair of the DBH Spirituality Sub-Committee. The target audience for this training was mental health providers. The training discussed the importance of incorporating the role of faith when creating mental health programs and

delivering services to African American consumers and their families. Over forty (40) DBH staff members and community partners were in attendance. For more information on this program please contact Justine Rangel at [jrangel@dbh.sbcounty.gov](mailto:jrangel@dbh.sbcounty.gov).



Bishop Philip Powell, Chair, Inland Empire  
Concerned African American Churches at the Kick-off  
Event on June 14.



DBH Staff and MHFC Training Team at the Spirituality 101 Training on  
August 19. (L-R): Pastor Horacio Jones, Minister Monique Tarver, Dr.  
Joshua Morgan, Imo Momoh and Gigi Crowder.



## Suicide and Bullying Multicultural Awareness Forum

The Cultural-Specific Committees of the Department of Behavioral Health's (DBH) Cultural Competency Advisory Committee (CCAC), in partnership with Riverside - San Bernardino County Indian Health Inc. hosted the Suicide and Bullying Multi-Cultural Awareness Forum on June 19, 2014, in Ontario. The purpose of the Multi-Cultural Forum was to provide education, promote awareness, and increase understanding of suicide and bullying not just at a universal level but from a multi-cultural perspective. The forum included keynote presentations by Dulce Peña, Arnold Thomas and Patti Cotton. The keynote speakers presented on conflict resolution, bullying awareness and suicide prevention.

In addition to the keynote presentations, the event was comprised of ten culturally specific workshops and a treatment based suicide and bullying awareness panel. The workshops addressed topics to consider when addressing suicide and bullying. Some of the topics discussed included spirituality, substance abuse, mental wellness, gender identity and cultural considerations. Over 300 individuals were in attendance and included staff from various county departments, contract providers, stakeholders and community partners.



**From Left to Right: Imo Momoh, Cultural Competency Officer; CaSonya Thomas, DBH Director; Mary Martinez, of Native American Resource Center (NARC); Dulce Peña, Keynote Speaker; Patti Cotton, Keynote Speaker; Sheryl Girdner, NARC; Arnold Thomas, Keynote Speaker; Valerie Dobesh, NARC .**



**Selvaughn Keagan presenting at the TAY Workshop: Stand Up for Me**



**Treatment Based Suicide and Bullying Awareness Workshop Panel**

## Post Traumatic Growth Training

The County of San Bernardino, Department of Behavioral Health's Veteran's Sub-Committee of the Cultural Competency Advisory Committee (CCAC), in partnership with the Department of Veterans Affairs hosted a Post Traumatic Growth training on July 21, 2014. Dr. Nancy Farrell was the keynote speaker of this event. Over forty (40) people were in attendance, which included Department of Behavioral Health staff and contract providers. The purpose of the training was to educate staff and contract providers on the definition of post traumatic growth and resilience within the mental health profession. This training marks the beginning of a three part series which includes additional topics such as Traumatic Brain Injury and Sexual Trauma. For more information about the upcoming trainings, please contact Patricia Verduzco at [Pverduzco@dbh.sbcounty.gov](mailto:Pverduzco@dbh.sbcounty.gov).



## TAY- Reducing Risky Behaviors Event

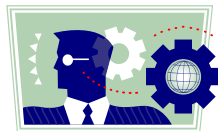
The County of San Bernardino, Department of Behavioral Health's Transitional Age Youth (TAY) Sub-Committee held an event on Friday June 27, 2014 titled "Reducing Risky Behaviors". The purpose of the event was to provide education and awareness to youth on topics that include; the importance of education, interview skills, sexual education, health prevention, overcoming disabilities and substance abuse.

The event opened with a welcome message by a TAY Sub-Committee member, JD Avalos from the Rancho TAY Center. This event was comprised of three keynote speakers, workshops, mock interviews and a vendor fair. The opening presentation entitled presentation "Can't Camp or Climb" was conducted by Terrence Stone President/CEO of Young Visionaries Youth Leadership Academy. Terrance's presentation was on reducing risky behaviors by making better life decisions and friends of good influence. The second presenter Melissa Pitts, Director of Community Services from the House of Ruth conducted a presentation on "Domestic Violence". The last presenter Lea Michelle Cash, President and CEO of The Brightest Star conducted a presentation on "A Beautiful Mind" addressing mental health stigma and discrimination toward youth.

The event had approximately 100 participants that included Transitional Age Youth, and individuals from the community. There were twenty-two (22) different vendors were present with resources and information for youth as well as trivia questions. Mock interviews were conducted to help youth identify what types of questions would transpire in a real life interview. Based on the evaluations received, the event was an overall success.

If you are interested in becoming a member of the Transitional Age Youth (TAY) Sub-Committee please contact Patricia Verduzco at:

[Patricia.Verduzco@dbh.sbcounty.gov](mailto:Patricia.Verduzco@dbh.sbcounty.gov)



Presenters at the TAY- Reducing Risky Behaviors Event

### Upcoming 2014 Events

#### Save the Date:

~NAMI Walks is Back~

**Team Captain Kick-off Luncheon - August 27, 2014**

**Annual NAMI WALKS Event 5K- October 25, 2014**

**Dates for other events to follow.**

**Resiliency, Recovery, and Wellness Training -  
September 11, 2014**

**Recovery Happens - September 20, 2014**

**Coming Soon!**

**Latino Heritage Month Celebration  
Native American Heritage Month Celebration**



For more information

E-mail:

[cultural\\_competency@dbh.sbcounty.gov](mailto:cultural_competency@dbh.sbcounty.gov)

## A New Home- OCCES Moves to Vanderbilt

The Department of Behavioral Health (DBH) Administration moved to a new home effective August 11, 2014. The new building is located at *303 East Vanderbilt Way* in San Bernardino. Along with Administration and Office of Cultural Competence and Ethnic Services (OCCES), the following DBH programs will also be located at the new location:

|   |   |
|---|---|
| Access Unit                                 | Human Resources/Payroll                                     |
| Alcohol and Drug Administration             | Information Technology                                      |
| Audits                                      | Integrated Health   |
| Behavioral Health Commission Administration | Medical Services Administration                             |
| Business Services                           | Office of Consumer and Family Affairs                       |
| Compliance                                  | Office of Cultural Competence and Ethnic Services           |
| Contracts                                   | Procurement   |
| Disaster and Safety                         | Public Information Office/Community Outreach and Engagement |
| Facilities Property Management              | Quality Management  |
| Financial Interviewers                      | Research and Evaluation                                     |
| Fiscal Services                             | Office of Homeless Services                                 |

## 2014 Directing Change Recognition Ceremony

Submitted by Sonia Rubio



The Directing Change Film Contest is part of the California Mental Health State Authority (CalMHSA) effort to prevent suicide, reduce stigma and discrimination related to mental illness, and promote the mental health and wellness of students.

To participate in this film contest, students throughout the state creatively address the topics of suicide prevention and stigma reduction by producing 60 second public service announcements. These films are judged by representatives throughout the state and awards are presented to the top contestants in each category.

A statewide recognition ceremony is held in Sacramento to honor all the students who participated in the contest. As some students are not able to attend the ceremony in Sacramento, the County of San Bernardino, Department of Behavioral Health and the Riverside County Department of Mental Health took the opportunity to collaborate and host a local screening and award ceremony. This event honoring local students was held on May 27, 2014, and was attended by approximately 260 students with their families as well as local community leaders. The following schools from San Bernardino County were honored at the ceremony for their submissions: Ayala High School, Chino Hills; Chino Hills High School, Chino Hills; Etiwanda High School, Etiwanda; Jurupa High School, Fontana; Ironwood Christian Academy, Newberry Springs.

The planning process for the local 2015 Directing Change Recognition Ceremony has already begun. Please watch out for more information on this event in the Spring of 2015. If you would like to participate or contribute to this effort, please contact the Office of Prevention and Early Intervention at (909)252-4009.



## Bring Your Child To Work Day

The DBH Training Institute (TI) participated in the Bring Your Child to Work Day on April 24, 2014. The children of TI employees participated in several activities throughout the day. Several DBH programs volunteered to teach the young visitors about the services provided by the Department. The following topics were presented to the children: what is mental health; ways to decrease mental health stigma; disaster safety; and the importance of career planning. Children had the unique opportunity to experience what a parents work day encompasses, as well as learn what sets our department aside from other County of San Bernardino departments.

The children received a lesson on Cultural Competency and why it is important in mental health treatment. OCCES staff had the children participate in a Cinco de mayo activity and answer various questions regarding culture. By the end of the day, the young visitors were able to discuss what mental wellness meant and they were ready to become part of the DBH work force.



Top: Children of TI staff; Bottom: Justine Rangel (OCCES) presenting on Cultural Competency.

## El Sol- Promotores de Salud Graduation Ceremony

On August 7th, 2014, El Sol Neighborhood Educational Center hosted its first Youth “Promotores de Salud Mental Graduation Ceremony.” Over sixty (60) people were in attendance to watch the graduates take their future place as youth community health workers (Youth Promotores). The Community Health Worker program is designed to address the needs of the Latino Community. Using a peer to peer model, Youth Promotores can connect with and work one on one with other youth. These 16 graduating youth completed 40-hours of mental health education topics and they are now ready to provide mental health awareness education to their peers and community members.



Left– Claudia Herrera and Mayra Barcenas from El Sol; Middle– Alex Fajardo, Executive Director of El Sol; Right– Graduates of the Promotores de Salud Program.

## 2014 'SMAART' Youth Conference

Submitted by Lisa Harper, SMAART



Dr. Ricky Shabazz, Vice President of Student Services, San Bernardino Valley College presenting to youth at the conference.

The 2014 Successfully Motivating African Americans Through Resiliency Training (SMAART) Youth conference was held at Splash Kingdom, Redlands C.A. on July 28th, reaching 100 community youth within the County of San Bernardino. The purpose of the Youth SMAART Conference is to promote wellness and resiliency for students within the County of San Bernardino. To educate, empower, and engage students through mentorship from professionals, workshops addressing the importance of health, nutrition, character and career development. Students learned the steps of how to pursue careers in Science, Technology, Engineering, and Math (STEM), as they engaged in the STEM program workshop. County of San Bernardino, Department of Public Health provided students with an interactive and exciting presentation on the importance of eating healthy and being active. Helping shape students to be leaders of positive change in their communities was the Keynote speaker, former NBA Chicago Bulls player Corey Benjamin. Present at the conference, were representatives from the County of San Bernardino Department of Behavioral Health, San Bernardino City Unified School District, 104.7 Radio and various service providers along with a number of parents.

The SMAART Program is an exciting partnership of Young Visionaries Youth Leadership Academy (YVYLA) and Black Voice Foundation (BVF),

funded by the Mental Health Services Act, Proposition 63. SMAART is actively engaged in community outreach and helps to provide an opportunity for students to learn and develop skills guiding them on their path to success. Some of the schools in San Bernardino working in collaboration with the SMAART program include Del Vallejo Middle School, Arrowview Middle School, San Bernardino High School, and Martin Luther King Middle School. Student participant services include Peace Makers, cultural awareness, Meet-a-Mentor, and educational workshops. In addition, parenting workshops are made available to parents, helping to improve parent child relationships and family communication. SMAART is aimed at providing a resilience promotion in African-American children and their families within San Bernardino County (primarily students within San Bernardino Unified School District).

## Community Liaisons Recognized

On May 1, 2014, at the Behavioral Health Commission meeting, the Department of Behavioral Health honored individuals that held the contract position of Community Liaisons with DBH. Larissa Crossno, Jessica Baca, Benita Ramsey and Jonathan Buffong were recognized for their outstanding community outreach and engagement efforts. Community Liaisons work closely with diverse community-based, faith-based, and non-profit organizations to build capacity and provide technical assistance for the implementation of initiatives: school-based projects, community based projects, and system enhancement projects. Director CaSonya Thomas stated that due to the valuable relationships established in the community, DBH has dedicated resources for two full-time permanent County positions with the roles and responsibilities of the Community Liaison.



L-R: Susan McGee-Stehsel, Chair; Jessica Baca; Larisa Crossno; Benita Ramsey; Jonathan Buffong; CaSonya Thomas, DBH Director

## Annual Cultural Competency Excellence Award 13/14

Every year the Cultural Competency Advisory Committee awards a special recipient with the Annual Cultural Competency Excellence Award. The 2013/2014 Award was presented to Yanira Orellana at Evening with the Stars. Although Yanira was unable to attend the event, she received a warm round of applause from fellow employees, community partners and consumers. Congratulations Yanira!



Yanira Orellana,  
Upland Community  
Counseling



## MHSA Community Forums

During the months of August and September, the Department of Behavioral Health is facilitating a series of Mental Health Services Act Community forums. The overarching goal of the forums is to provide information on MHSA, communicate with county residents and provide residents with local MHSA resources. Consumers, family members and community partners are all invited to come get information and share their feedback.

The first forum was held at the General Consulate of Mexico in San Bernardino. The forum was a great success as it offered valuable information and networking opportunities to those that attended.

The objectives of the forums include:

- ♦ Expand community awareness about local mental health and substance abuse programs and services in the area
- ♦ Collect valuable community feedback and concerns
- ♦ Educate the public about resources available in their community
- ♦ Share with the community how to remain informed and engaged

For additional information, please contact Michelle Dusick at (800)722-9866 or [mhsa@dbh.sbcounty.gov](mailto:mhsa@dbh.sbcounty.gov)



From Left to Right:  
Gilberto Rendon of the  
Mexican Consulate;  
Imo Momoh, Cultural  
Competency Officer



From Left to Right: Karen Cervantes and Cristina Froude from DBH-Public Information Office



Michelle Dusick, MHSA Coordinator at Upland Forum



From Left to Right: DBH Representatives at the Mexican Consulate- Martha Rendon, Maribel Gutierrez, Patricia Verduzco, Jaime Gonzalez, Viviana Esparza

| DATE                                | LOCATION  |
|-------------------------------------|---|
| August 12, 2014<br>9:00am – 12:00pm | General Consulate of Mexico<br>293 N. D St., San Bernardino, CA 92401<br>* Forum in Spanish Language                  |
| August 13, 2014<br>1:00 – 4:00pm    | Reach Out West End<br>1126 W. Foothill Blvd., Upland, CA 91786  |
| August 14, 2014<br>12:30 – 3:30pm   | Yucca Valley Community Center-Yucca Room<br>57090 Twentynine Palms Hwy., Yucca Valley, CA 92284                       |
| August 19, 2014<br>1:00 – 4:00pm    | Family Resource Center Victor Community Support Services<br>1505 W. Highland Ave., Suite 19, San Bernardino, CA 92411 |
| August 26, 2014<br>1:00 – 4:00pm    | Valley Star Community Services<br>1585 S. D St., Suite 101, San Bernardino, CA 92408                                  |
| August 27, 2014<br>1:00 – 4:00pm    | One Stop TAY Center<br>780 E. Gilbert St., San Bernardino, CA 92415   |
| August 28, 2014<br>1:00 – 4:00pm    | South Coast Community Services – Our Place Clubhouse<br>721 Nevada St., Suite 205, Redlands, CA 92373                 |
| September 3, 2014<br>1:00 – 4:00pm  | Family Resource Center – Mission Room<br>9791 Arrow Route, Rancho Cucamonga, CA 91730                                 |
| September 9, 2014<br>1:00 – 4:00pm  | Family Resource Center – Victor Community Support Services<br>15400 Cholame Road, Victorville, CA 92392               |
| September 10, 2014<br>1:30 – 4:30pm | Linda Vista Family Resource Center<br>214 West E. Street, Ontario, CA 91762   |
| September 15, 2014<br>2:30 – 4:30pm | Bear Valley Unified School District<br>42271 Moonridge Road, Big Bear Lake, CA 92315                                  |
| September 16, 2014<br>1:00 – 4:00pm | Family Resource Center -<br>Riverside San Bernardino County Indian Health Inc.<br>170 Yucca Avenue, Barstow, CA 92311 |
| September 17, 2014<br>1:00 – 3:00pm | Lake Gregory Community Center / Leisure Shores<br>24658 San Moritz Drive, Crestline, CA 92325                         |



## Cultural Competency Excellence Award Nomination

Don't forget to nominate someone you feel is a great example of being culturally competent.

### Cultural Competence Award Second Quarter 2014 Winner: Danielle Taylor– DBH



From Left to Right: Imo Momoh, Cultural Competency Officer; Monica Wilson, BHC– Vice Chair; Danielle Taylor, Award Recipient; CaSonya Thomas, DBH Director

### What does it mean to be Culturally Competent ?

“Cultural competence is being able to understand and respect others positions/ opinions, plights and driving forces without bias to color, ethnicity, gender or socioeconomic status; allowing people to be who they are and being okay with the fact that everyone is not the same. Being able to admit that maybe my idea is not the best idea just because where I am from, who I know or what I look like. No one is no better and no one is no worse... as we are all one bad decision away from not having these illustrious jobs.”

- Danielle Taylor

*Please help us congratulate our winner!*

Do you work with someone who exemplifies Cultural Competency? Someone who is both sensitive and respectful to persons of all cultures, whether colleague or consumer? If so, the Office of Cultural Competence and Ethnic Services would like to formally acknowledge these individuals.

Please fill out the necessary information below, send it back to us and we will make sure this employee or consumer gets acknowledged in our next newsletter. Awardees will also be honored at the Behavioral Health Commission meeting. Thank you.

Nominee's Name: \_\_\_\_\_

Work Location: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Why you believe he/she is Culturally Competent:

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Example of dedication to Cultural Competency:

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Nominated By: \_\_\_\_\_

Inter-office: 0019

**US Mail:** 303 East Vanderbilt Way  
San Bernardino, CA 92415

**Email:** [cultural\\_competency@dbh.scbounty.gov](mailto:cultural_competency@dbh.scbounty.gov)



## Meeting Schedules – Cultural Competency Advisory Committee



**Cultural Competency Advisory Committee**  
*3rd Thursday of the month*  
*1:00 p.m.-2:30 p.m.*  
 County of San Bernardino Health Services (CSBHS)  
 Information email: [aidery.hernandez@dbh.sbcounty.gov](mailto:aidery.hernandez@dbh.sbcounty.gov)



### **Asian Pacific Islander Awareness Sub-Committee**

*2nd Tuesday of the month*  
 10:00 a.m.-11:00 a.m.  
 DBH Training Institute  
 Information email: [jrangel@dbh.sbcounty.gov](mailto:jrangel@dbh.sbcounty.gov)

### **Co-Occurring and Substance Abuse Awareness Sub-Committee (COSAC)**

*3rd Thursday of the month*  
 2:30 p.m.-3:30 p.m.  
 County of San Bernardino Health Services (CSBHS)  
 Information email: [jrangel@dbh.sbcounty.gov](mailto:jrangel@dbh.sbcounty.gov)

### **Disabilities Awareness Sub-Committee**

*3rd Wednesday of the month*  
 10:00 a.m.-11:00 a.m.  
 DBH Training Institute  
 Information email: [jrangel@dbh.sbcounty.gov](mailto:jrangel@dbh.sbcounty.gov)

### **African American Awareness Sub-Committee**

*2nd Monday of the month*  
 2:00 p.m.-3:00 p.m.  
 For location details please send email.  
 Information email: [Patricia.Verduzco@dbh.sbcounty.gov](mailto:Patricia.Verduzco@dbh.sbcounty.gov)

### **Latino Health Awareness Sub-Committee**

*4th Thursday of the month*  
 10:00 a.m.-11:00 a.m.  
 El Sol Neighborhood Educational Center  
 Information email: [Patricia.Verduzco@dbh.sbcounty.gov](mailto:Patricia.Verduzco@dbh.sbcounty.gov)

### **LGBTQ Awareness Sub-Committee**

*4th Tuesday of the month*  
 12:30 p.m.-1:30 p.m.  
 Rotating Meeting location: Please contact for details.  
 Information email: [Patricia.Verduzco@dbh.sbcounty.gov](mailto:Patricia.Verduzco@dbh.sbcounty.gov)

### **Native American Awareness Sub-Committee**

*3rd Tuesday of the month*  
 2:00 p.m.-3:00 p.m.  
 Native American Resource Center  
 Information email: [Patricia.Verduzco@dbh.sbcounty.gov](mailto:Patricia.Verduzco@dbh.sbcounty.gov)

### **Spirituality Awareness Sub-Committee**

*2nd Tuesday of the month*  
 1:00 p.m.-2:00 p.m.  
 DBH Training Institute  
 Information email: [jrangel@dbh.sbcounty.gov](mailto:jrangel@dbh.sbcounty.gov)

### **Transitional Age Youth (TAY) Awareness Sub-Committee**

*Rotating date, time and location: Please contact for details.*  
 Information email: [Patricia.Verduzco@dbh.sbcounty.gov](mailto:Patricia.Verduzco@dbh.sbcounty.gov)

### **Veteran's Awareness Sub-Committee**

*1st Monday of the month*  
 3:00 p.m. –4:00 p.m.  
 San Bernardino Civic Building  
 Information email: [Patricia.Verduzco@dbh.sbcounty.gov](mailto:Patricia.Verduzco@dbh.sbcounty.gov)

### **Women's Awareness Sub-Committee**

*4th Wednesday of the month*  
 1:00 p.m. –2:00 p.m.  
 DBH Training Institute  
 Information email: [jrangel@dbh.sbcounty.gov](mailto:jrangel@dbh.sbcounty.gov)

### **Consumer and Family Members Awareness Subcommittee**

*4th Monday of the month*  
 2:00 p.m. – 3:00 p.m.  
 DBH Training Institute  
 Information email: [LRoss@dbh.sbcounty.gov](mailto:LRoss@dbh.sbcounty.gov)

\* For all numbers listed: Please dial 7-1-1 for TTY users

### **Community Policy Advisory Committee**

*3rd Thursday of the month; 9:00 AM - 11:00 AM*  
 County of San Bernardino Health Services - Auditorium  
 850 E. Foothill Blvd., Rialto, CA  
 Info: (909) 386-8250

### **Behavioral Health Commission**

*1st Thursday of the month; 12:00 PM - 2:00 PM*  
 County of San Bernardino Health Services - Auditorium  
 850 E. Foothill Blvd., Rialto, CA  
 Info: (909) 386-8250

## WE HAVE MOVED!

**New Location: 303 East Vanderbilt Way, San Bernardino, CA 92415**

**New Phone: (909)386-8250**

**E-mail: [cultural\\_competency@dbh.sbcounty.gov](mailto:cultural_competency@dbh.sbcounty.gov)**

